

Recommendations for a Dungeon or Toy Bag First Aid Kit

Standard First Aid Kit Items

1. Sterile adhesive bandages in assorted sizes
2. Hypoallergenic adhesive tape
3. A bottle of water-based lube or petroleum jelly
4. Antiseptic ointment
5. Gauze pads
6. Benzalkonium Chloride towelettes
7. Antimicrobial "Sani-Dex" Handi wipes
8. Plastic bags for "Trash/Bio-hazard"
9. Latex or nitrile gloves
10. Sunscreen
11. Cold Pack
12. Hot Pack
13. Thermometer
14. Ace Bandages (2" or 4")
15. Safety Scissors
16. Blanket
17. Saline solution
18. Gauze
19. Tweezers
20. Safety Pins
21. Soap or Cleanser
22. Aloe Vera
23. Betadine Swabs
24. Benzalkonium Chloride Swabs
25. Ammonia Inhalants
26. Various types of antibiotic creams and ointments such as Neosporin, Triple Antibiotic Ointment, Bacitracin, Polysporin Powder, Mycostatin Powder

Non-prescription drugs

1. Aspirin or non-aspirin pain reliever of choice
2. Anti-diarrhea medication
3. Antacid (for stomach upset)
4. Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
5. Laxative
6. Activated charcoal (use if advised by the Poison Control Center)

Personal Items

1. Mobile phone
2. Quarters for phone call
3. Cab fare
4. Emergency phone numbers
5. Information about physical ailments and medications
6. Change of clothing
7. Prescription Medication
8. Feminine Hygiene supplies
9. Latex condoms without N-9
10. Oral Barriers
11. Items needed for any existing conditions (inhaler for asthmatic, EPIpen for allergies, etc.)

The following items should also be included in a kit designed for play party use.

1. Glucose Tablets, honey packets, sugar gel, or other similar items for use in individuals with low blood sugar
2. Smelling salts
3. Alcohol wipes
4. Extra latex gloves
5. Portable sharps container
6. Resuscitation Shields
7. EMS scissors
8. Emergency thermal blanket
9. Instant activating ice bag
10. Tongue depressors
11. Latex gloves
12. Flashlight, working
13. Hydrogen peroxide
14. Sterile Normal Saline
15. Small pair of lock cutters

Other Sites with BDSM First Aid Kit Recommendations

- <http://www.evilm Monk.org/a/blossomkit.cfm>
- <http://www.ladysun.info/thesafetykit.php>